



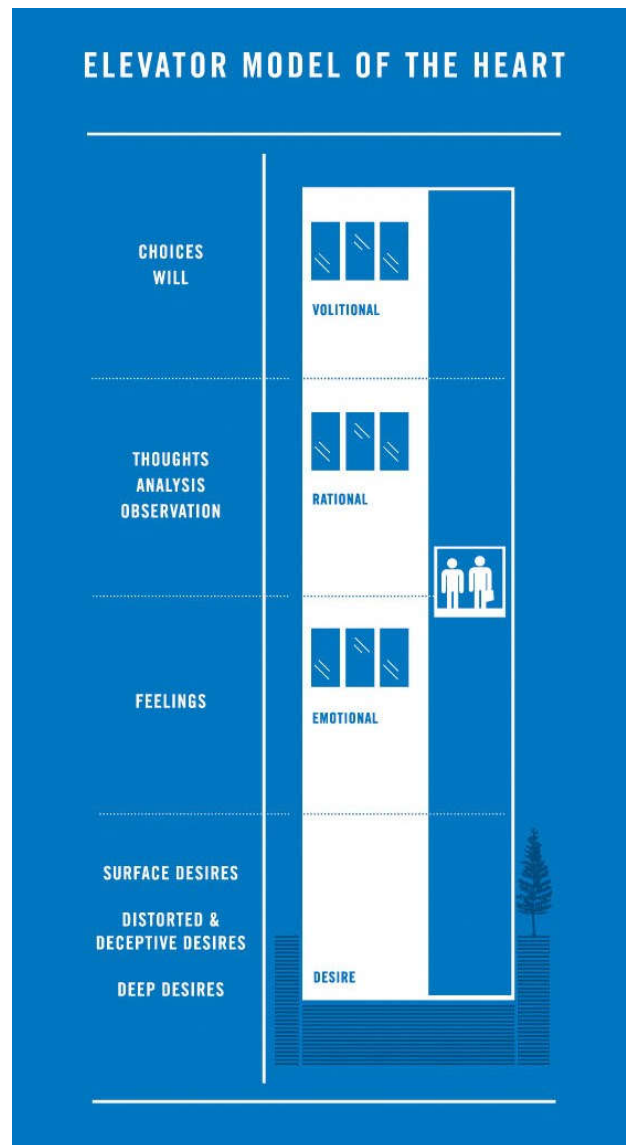
BATTLE FOR THE HEART
LIVE TRANSFORMED

***The Elevator Model of the Heart,
The BLESS Skills
and
The Elevator Engaging Model***

The Battle for Your Domain experience will inspire and equip you in three primary areas:

1. Growing in the awareness of and integration of the four levels of your heart so that you can effectively live, engage, and lead from your whole heart. The key tool is the **Elevator Model of the Heart**
2. Growing in effectively engaging with another person through becoming familiar with and beginning to use the tool **Elevator Engaging Model**
3. Becoming aware of and growing in the five skills that provide the context for engaging from the heart:
 - Be** fully present to God, His Story and your part in it
 - Listen** in three directions
 - Effectively** ask questions
 - Share** from your heart
 - Savor** the moment

The Battle for Your Domain weekend utilizes interactive group sessions, demonstrations of skills, one-on-one practice sessions, and small group interactions to achieve the retreat objectives. By carefully preparing, you will increase the effectiveness of this experience and more easily incorporate these powerful skills into your life and domain.



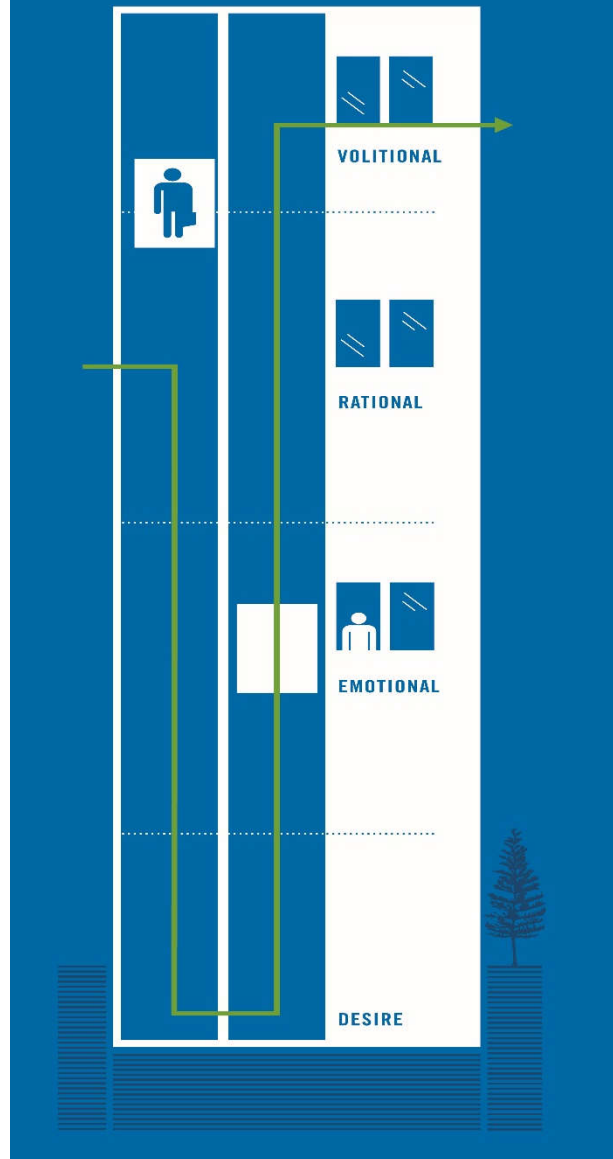
Feelings

- Flow from thoughts, beliefs, and mental models & desires fulfilled or unfulfilled. Follow your tears of joy and pain to find your deepest desires.

Deepest Desires

- To be part of something larger, transcendence
- Relationship: valued, pursued, understood, be in community
- Impact, significance
- To protect and provide, to be protected and provided for
- To come through: duty, honor, respect, to hear “well done”
- Beauty and creativity
- Justice and freedom

THE ELEVATOR ENGAGING MODEL



Although this is given in a linear sequence, it is a fluid model. It is an art not a science. At times, you may just need to be with the other person before asking any questions, particularly when you need to empathize or mourn with the person. Here you ask questions only to clarify the situation and to know how to be present with the person. Once you've been present with the person, then you can move on to other questions. Defining action steps is dependent on how many steps in the model you can authentically move through. Don't press. Listen and follow your intuition.

BLESS SKILLS

Be **fully present** at all four levels of your heart to God, his larger story and your part in it.

Listen in **four directions**: what is happening in the other person, what is happening in you, what you sense God is experiencing and directing and what evil is doing.

Effectively **ask questions** that guide the person down the elevator to his feelings and deep desires and, as appropriate, back up to action.

Share **from your heart** how the conversation has affected you going up the elevator.

Savor **the moment**: reflect and celebrate, particularly at the end of engagement.
