



BATTLE FOR THE HEART

Introductory Event

Why is there a battle for your heart?

PROVERBS 4:23 REFLECTION

“Above all else guard your heart; for it is the wellspring of life.”
Proverbs 4:23:

Take a few moments to respond to the following questions.

What does the word “guard” assume?

What makes your heart valuable?

What does above all else mean to you?

How do you guard your heart?

As you honestly think about your life, to what extent are you guarding your heart above all else?

Why is there a battle for your heart?

- Your heart is a wellspring of life
- God's desire: to reveal His glory
- Satan's desire: diminish or distort God's glory
- The battlefield: your heart

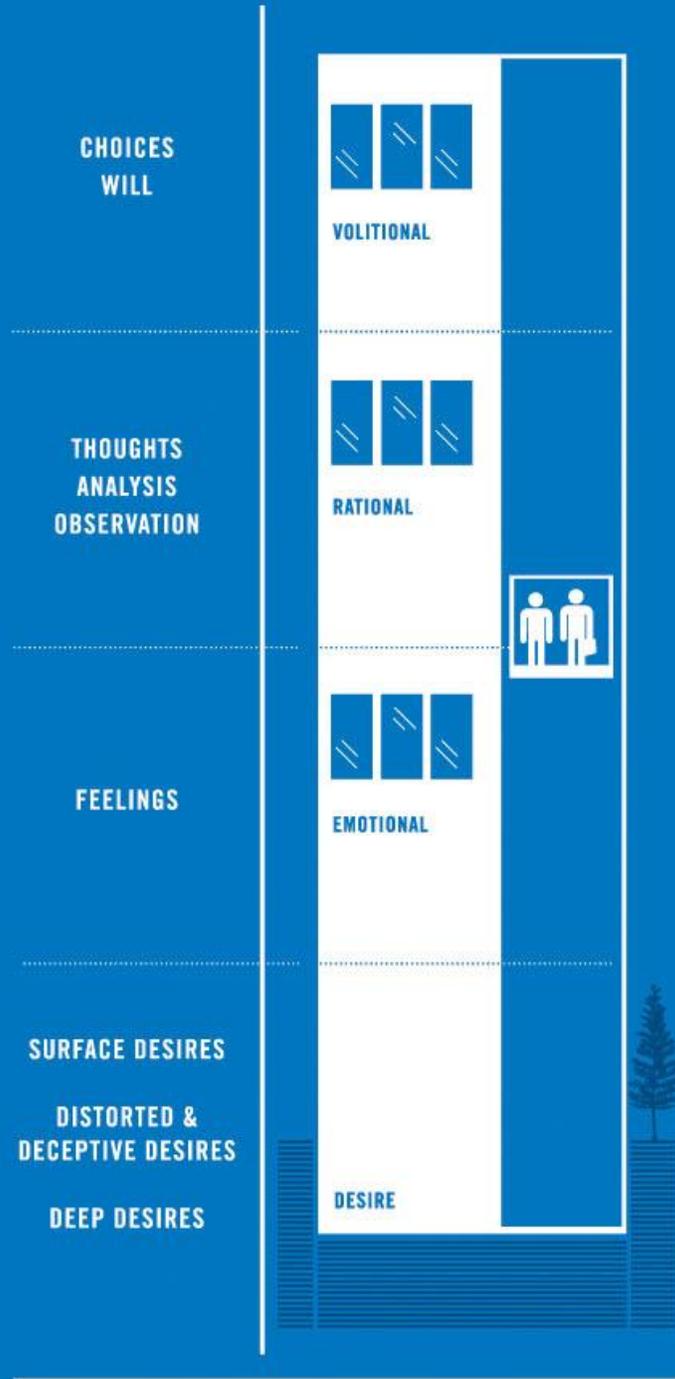
How do you guard your heart?

- Know your heart
- Choose the Way of Pride or the Way of Humility

We will now consider a Biblical view of the heart

- The Great Disconnect

ELEVATOR MODEL OF THE HEART



TYPES OF DESIRES

SURFACE/TEMPORAL DESIRES

- Material: money, a new car, house, jewelry, clothes, toys.
- Experiential: a vacation, climb a mountain, walk in the woods, romance, sports, recreation, achievements, mother, father, husband, wife.
- Positional: mother, father, husband, wife, particular job or title in your vocation, avocation, or ministry.
- Relational: friendship, family, spouse, work.

DECEITFUL DESIRES

Expecting fulfillment of a surface desire—any material, experiential, positional, or relational desire—to satisfy a deep desire. Only God can truly satisfy a deep desire.

DISTORTED DESIRES

Attempting to satisfy a deep desire by your own means.

- You long for impact and you take control or manipulate to get it.
- You long for intimacy and you look to fantasy or inappropriate relationships.

DEEP DESIRES

- Purpose, to be part of something larger, transcendence.
- Relationship: to love and be loved, to pursue and be pursued, community, family.
- Impact, significance.
- Honor, respect.
- Known & valued: understood, heard, seen.
- To protect and provide, to be protected and provided for, security, safety.
- To come through: duty, to hear “well done”.
- Beauty and creativity.
- Justice and freedom.
- Peace, wholeness, completion, home, order.

Deep desires arise out of the image of God in you. They draw you to God and can only be fulfilled through union with God.

How do you guard your heart?

1. Two choices
2. There are two great battles for the heart in human history
 - a. Garden of Eden: Way of Pride
 - b. Garden of Gethsemane: Way of Humility

In this battle Jesus lived from his whole heart

- Rationally aware
- Emotionally intense
- Desires
- Chooses

How are you guarding your heart at a visceral level?

To choose the way of Humility in the moment of pressure/suffering you have to have a captivating vision of the Larger Story and your part in the Story

We see this captivating vision in the great stories of life
Ecclesiastes 3:11

Lord of the Rings - Theatrical Trailer to the Fellowship of the Ring

1. Fate has chosen him
2. You have been given a task that is yours and yours alone; if you do not find the way no one will
3. Evil will hunt them
4. A Fellowship will protect him

The Fellowship of the Ring

Trailer Reflection

Take several minutes to reflect on what is happening in your heart/inner being as you watched this trailer.

What scene or words were you most drawn to?

In light of that, what feelings arose within you?

What desires might those feelings be related to? They could be related to the pain of unmet desire.

Reflect on what you have written.

Now take a minute to share with your partner *what you discovered about yourself*. For example:

I discovered that I long to be part of . . .

I am afraid of . . .

I am drawn to . . .

I am . . .

TESTIMONIES

Reality 1: God has chosen you for His Larger Story.

Reality 2: God has given you a part to play; if you do not find a way, no one will.

Reality 3: Evil is hunting you.

Reality 4: A fellowship desires to protect you and propel you into your part.

As you hear these 4 realities and testimonies what was most significant to you?

BATTLE FOR THE HEART

The Value

Fulness of Life

From your whole heart

As you experience the love, grace, and truth of Christ in your whole heart, you are changed from the inside out becoming the person God created YOU to be.

Through the Fellowship of the Body of Christ

That actually expresses the heart and skills of:

- Loving one another deeply
- Calling out the best of who you are in creation and redemption
- Challenging the worst of who you are through the fall
- Spurring one another onto love and good deeds

Affecting your whole life

- Personal life: becoming alive to who you are uniquely created to be
- Marriage: moving from being roommates on the way to heaven to experiencing the fullness of intimacy God created you for
- Parenting: expressing unconditional love and involvement with your children
- Vocation: being set free from work to freely offering who you truly are
- Friendships: discovering how to effectively connect in life-giving relationships



BATTLE FOR THE HEART
LIVE TRANSFORMED

EVENT NO.1

BATTLE FOR THE HEART

A series of interactive teaching sessions, facilitated team discussions, and personal reflection times introducing you to the framework for fighting for your heart

TEAM FOLLOW THROUGH

After the retreat, go deeper with your team into knowing how to win the daily battle for your heart through reflections in scripture and weekly team meetings

EVENT NO.2

BATTLE FOR YOUR DOMAIN

An intensive experience in authentic community, equipping you with the skills of fighting for the hearts of your team and those in your sphere of influence

TEAM FOLLOW THROUGH

Personal reflections and weekly team meetings focus on overcoming obstacles that keep you from winning the battle for your heart and playing your part in God's larger story

MODULE 1 *The Battle for Your Heart*

Starting at \$425 (prices vary based on event location)

Battle for Your Heart + Team Follow-through

4 DAY/ 3 NIGHT RETREAT

ROOM
BOARD
MATERIALS
TRAINED FACILITATOR FOR YOUR TEAM

14 WEEKS OF MATERIALS
5 DAILY REFLECTIONS
14 WEEKLY MEETING GUIDES
COACHING CALLS FOR YOUR TEAM LEADER

MODULE 2 *The Battle for Your Domain*

Starting at \$400 (prices vary based on event location)

Battle for Your Domain + Team Follow-through

3 DAY/ 2 NIGHT RETREAT

ROOM
BOARD
MATERIALS
TRAINED FACILITATOR FOR YOUR TEAM

12 WEEKS OF MATERIALS
5 DAILY REFLECTIONS
12 WEEKLY MEETING GUIDES
COACHING CALLS FOR YOUR TEAM LEADER

Our retreat pricing reflects the hard-dollar cost of events including lodging, meals, materials and facilitators. In light of this shift, deposits will be required to hold your space at an event.

In an effort to work and prepare efficiently, we will be enforcing a late registration fee of \$100 for any participants registering past our stated deadline.

Dorm room rates are based on a 3-4 person occupancy. Double occupancy is considered if available, but will incur a per person upcharge.

Discounted rates for alumni and assistant facilitators are no longer applicable.

We will continue to offer installment options for registration payments.

CLARIFYING WHAT'S AT STAKE

1. As you reflect on what you have experienced today, what do you sense is at stake in you being able to “above all else guard your heart, for it is the wellspring of your life?”
2. What are the main obstacles you face in guarding your heart?
3. How might the Battle for Your Heart process help you overcome these obstacles?
4. What do you sense God is whispering into your heart as potential next steps for you?

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