



BATTLE FOR THE HEART

TEAM MEETING 1

AGENDA:

Sharing your personal story with your team

In one meeting, take time to share some of your personal stories with each other. The following are some ways to get started:

- Where did you grow up?
- What it was like growing up in your family?
- What were several positive and negative experiences you faced growing up and during your early adult years?
- What do you enjoy doing outside of work?
- What are your expectations for the retreat?

As men share, try to ask them some simple questions that might help them get in touch with how their story has affected them. If that is hard, don't worry about it, you'll get lots of practice at the Battle for Men's Hearts.

Also touch base on how your overall preparation work is coming along.