



BATTLE FOR THE HEART
LIVE TRANSFORMED

Reflection Questions for Leadership Coaching by Tony Stoltzfus

While “coaching” and “engaging” are not synonymous, this book covers many concepts that are key to both processes. The main sections of the book we would like you to read before the retreat are the Introduction (4 pages), Part I (chapters 1-6) and chapters 11-13. As you read through the book, please take time to reflect and respond to the questions below.

Chapters 1 and 2

These chapters ask the question, “What is Coaching?” As you read through these two chapters, consider the following:

- How do “Coaching” and “Counseling” differ?
- How can helping a person become aware of his own internal motivation and desires facilitate change more effectively than giving advice?

Chapter 3

This chapter describes “The Power of Coaching”. As you read through this chapter, consider the following:

- How does the principle of unleashing people equip them to more effectively make decisions in all areas of their lives?

Chapter 4

This chapter describes “The Heart of a Coach”. As you read through this chapter, consider the following:

- How are “coaching” and “faith” related?

Chapter 5

This chapter describes “A Coach’s Eye View of Life”. As you read through this chapter, consider the following:



- How does the concept of the “Destiny Perspective” relate to a person’s understanding of the Larger Story?

Chapter 6

This chapter presents “A Coaching Value Set” and summarizes how coaching can change lives.

- What most strikes you about these values?

